PLAY W.A.L.L. BALL!



coaches and college level athletes

Program led out by Rochester area high school & college level

Boys Divisions: 3rd-4th | 5th-6th | 7th-8th | JV | Varsity

Pick Sticks and Play in this 6-week developmental lacrosse program focused on learning skills and then putting them into action on the field! Participants will sign up as individuals and play "pick-up" style each week. After a 30 minute skill session, teams will be formed by "picking sticks" to ensure players are paired with different players each week. A coach/referee will be provided to facilitate the game-play.

- -Full equipment required
- -Helmet, gloves, shoulder pads, elbow pads, and mouth guard
- -League t-shirt for each athlete registered to play

\$125/athlete

REGISTER AT:

12thRock.org/wall

Sundays, September 22-October 27, 2019

3rd-6th | 1:00-2:30pm

7th-8th & JV | 3:00-4:30pm

Varsity | 5:00-6:30pm

@ Roberts Wesleyan College athletic fields

Questions?

Contact Cubby Chalmers coachcub@me.com | 585-766-8560

